

FOCUS: MATURITY IN CHRIST

WOK PRAYER AND FASTING

1-7 DECEMBER 2025

DAY/ DATE	STATE/S	SCRIPTURE/S	INTERCESSION	Y/ N	FAST SCHEDULE
Monday, December 1	ALABAMA/ ARIZONA	Psalms 1:3; Ephesians 3:17; Colossians 2:6-7	Intercede for a deep spiritual rooting in God's love and truth , that His Word would penetrate every area of our lives. Declare that every lie, insecurity, or shifting circumstance is dismantled by the firm foundation of Christ.	Y N	All meats, fruits, veggies, rice, nuts, water, and juice Junk food, or sodas
Tuesday, December 2	FLORIDA/ HAWAII	1 Corinthians 3:6; Isaiah 61:3; Galatians 6:9	Intercede for God to guide the planting of righteous seeds in His Church , so that every act of faith, obedience, and generosity grows in fertile (good) ground. Declare that nothing is wasted and will serve God's purpose resulting in supernatural harvest. Pray that His people sow with boldness and confidence, trusting fully in Him.	Y N	All meats, fruits, veggies, rice, nuts, water, and juice Junk food, or sodas
Wednesday, December 3	NEW JERSEY/ WASHINGTON	Zechariah 13:9; Psalm 66:10; Malachi 3:3	Intercede for the holy refining of hearts, minds, and spirits in the Body of Christ . Declare that every impurity, hidden intent or motive, and worldly compromise is purified by His fire, leaving vessels prepared for divine service. Pray that every believer is transformed to glorify God and produce Christlike character.	Y N	All meats, fruits, veggies, rice, nuts, water, and juice Junk food, or sodas
Thursday, December 4	AFRICA	Deuteronomy 8:2; Mark 1:12-13; Isaiah 43:2	Intercede for God to lead His people through seasons of wilderness with purpose and divine encounter . Declare that every trial, point of confusion, or moment of isolation strengthens dependence on Him and reveals His faithfulness. Pray that His Church walks steadfastly - growing in intimacy, endurance, and trust in Him through every testing ground.	Y N	Fruits, veggies, nuts, and water (only) Meat, junk food, juice, or sodas
Friday, December 5	NORTH CAROLINA/ SOUTH CAROLINA	John 15:2; Hebrews 12:11; Psalm 1:3	Intercede for God's pruning hand to remove everything unfruitful, distracting, or hindering growth in the lives of believers . Declare that relational, emotional, and spiritual excess is cut away so the Church may bear much fruit. Pray that this pruning produces maturity, clarity, and unwavering obedience.	Y N	All meats, fruits, veggies, nuts, rice, pasta, water, and juice Junk food, or sodas
Saturday, December 6	UTAH/ WISCONSIN	Galatians 6:9; Psalm 126:5; Proverbs 11:24-25	Intercede for a mighty spiritual harvest in the lives of believers and across the Church . Declare that every seed of prayer, worship, evangelism, and obedience sown in tears now bears abundant fruit. Pray that long-delayed promises and blessings manifest, bringing joy, restoration, and multiplied impact for God's Kingdom.	Y N	All meats, fruits, veggies, nuts, water, and juice Junk food, or sodas
Sunday, December 7	NEVADA/ NORTH DAKOTA	Isaiah 40:31; Romans 12:1-2; Lamentations 3:22-23	Intercede for a sweeping renewal across every believer's mind, spirit, and strength . Declare that stagnant areas, fatigue, and lost vision are restored by His Spirit, and that every weary heart is revitalized for Kingdom purposes. Pray that the Church experiences divine refreshment, renewed passion, and overflowing hope.	Y N	Fruits, veggies, nuts, and water (only) Meat, junk food, juice, or sodas

Prayer will occur daily. The church will be open from 5:00 pm to 7:00 pm on Saturday, Monday, Tuesday, Thursday, and Friday. Sunday, and Wednesday prayer days will occur at home.